

Prayers For Children

At Meals, bedtime and anytime

Prayers at Meals

A Child's Grace

God is great and God is Good,
And we thank God for our food;
By God's hand we must be fed,
Give us Lord, our daily bread. Amen.

Traditional

A Child's Prayer for Morning

Now, before I run to play,
Let me not forget to pray
To God who kept me through the night
And waked me with the morning light.
Help me, Lord, to love thee more
Than I ever loved before,
In my work and in my play
Be thou with me through the day.
Amen.

Author Unknown

Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here;
Watch over me throughout the night,
keep me safe within your sight.

Traditional

God Hear My Prayer

God in heaven hear my prayer,
keep me in thy loving care.
Be my guide in all I do,
Bless all those who love me too.
Amen.

Traditional

Prayer for Students

God of Light and Truth,
thank you for giving me
a mind that can know
and a heart that can love.
Help me to keep learning every day of my life,
for all knowledge leads to you.
Let me be aware of your presence
in all things and at all times.
Encourage me when work is difficult
and when I am tempted to give up;
encourage me when my brain seems slow
and the way forward is difficult.
Grant me the grace to put my mind to use
exploring the world you have created,
confident that in you there a wisdom
that is real.
Amen.

Charles Henderson

Angel Blessing at Bedtime

Angels bless and angels keep
Angels guard me while I sleep
Bless my heart and bless my home
Bless my spirit as I roam
Guide and guard me through the night
and wake me with the morning's light.
Amen

Traditional

A Child's Evening Hymn

I hear no voice, I feel no touch,
I see no glory bright;
But yet I know that God is near,
In darkness as in light.
God watches ever by my side,
And hears my whispered prayer:
A God of love for a little child
Both night and day does care.

Anonymous

Child's Prayer

Dear God most high, hear and bless
Thy beasts and singing birds:
And guard with tenderness
Small things that have no words.

Traditional

Table Blessing

God is great! God is good!
Let us thank God for our food.
Amen.

Traditional

For Happy Hearts

We thank Thee Lord, for happy hearts,
For rain and sunny weather.
We thank Thee, Lord, for this our food,
And that we are together.

Traditional

Children's Bedtime Prayer

Now I lay me down to sleep,
I pray the Lord my soul to keep:
May God guard me through the night
And wake me with the morning light.
Amen.

Traditional

23rd Psalm for Students

The Lord is my Shepherd, I shall not flunk
He keepeth me from lying down when I should be studying
He leadeth me beside the water cooler for a study break
He restores my faith in study guides
He leads me to better study habits
For my grades' sake.
Yea, though I walk through the valley of borderline grades
I will not have a nervous breakdown
For thou art with me
My prayers and my friends, they comfort me
Thou givest me the answer in moments of blankness
Thou anointest my head with understanding
My test paper runneth over with questions I recognise.
Surely passing grades and flying colours shall follow me
All the days of my examinations
And I shall not have to dwell in this exam hall forever.

Author Unknown

Child's Prayer for Protection

Angel of God, my Guardian dear,
To whom God's love commits me here;
Ever this day, be at my side
To light and guard
To rule and guide. Amen.