



Creative Lent
Activities
for Families
at Home



CREATIVE LENT AT HOME

Week 1



- Cook & share some Pancakes together. What's your favourite topping?
- Create a mini desert as a reminder of Jesus' time in the wilderness.
- On Ash Wednesday write or draw "I'm sorry..." prayers using charcoal or ash. God always listens to all our prayers.
- Create a Giving Jar. Over the 40 Days of Lent add any loose change to the jar. At the end of Lent choose a charity you would like to donate it to.
- Make a note of all you recycle in one day. How can you re-use, reduce & recycle more, & care for God's creation?
- Create [Blessing Pebbles](#) for friends, or leave them around your neighbourhood for folk to find.

Week 2



- Light a candle at mealtimes & pray for peace around the world, especially situations in the news this week.
- Drink only water for a day reminding you of how precious this resource is. How many times do we use water & what do we use it for? Say a prayer for those around the world who don't have clean water in their homes & find out more about [WaterAid](#).
- Send "Thank You" notes to those special people who are a blessing in your life, it could be a teacher, friend or relative.
- Write "You are loved" on a post-it-note & stick it inside a book at home for someone to find.
- Make some Family Play Dough Portraits. Print off the last page of this book & add play dough features to the faces so they look like your family. Say a thank you prayer to God for your awesome family.
- Take some time to chill out with some cloud watching. What colours & shapes can you see in the sky? Thank God for our amazing universe. Wherever we are in the world we all live under the same sky.

Week 3



- Leave some Spring flowers on the doorstep of a neighbour or someone living on their own.
- Take a walk & see if you can find any new shoots, buds, or blossom on the trees near where you live. Can you find any cross shapes in the branches or twigs?
- Build prayer cairns with pebbles together at home, or in your local park. If you made a Desert Area in week one you could build them in the sand.
- Make a bracelet for a friend using wool, string, or beads. Can you think of 4 things that make your friend special? What are the qualities that make you a good friend?
- Pass on a favourite book you've read by posting it to a friend.
- Collect any pre-loved toys or clothes ready to give to a charity shop.

"The most obvious lesson in Christ's teaching is that there is no happiness in having or getting anything, but only in giving." Henry Drummond

Week 4



- Have an empty box or basket in the corner of your kitchen ready to collect items for your local Foodbank. Add a different item to the box every day this week.
- Before your children go to sleep read Psalm 139 together.
- Plant some seeds in a recycled container & watch them start to grow on a sunny windowsill.
- Feed the birds in your backyard. Spend 5 minutes together birdwatching. How many different birds can you see? Take a look at Matthew 6:26.
- Make jam jar lanterns. Before it gets dark add a tealight/ battery nightlight & see how brightly your lantern shines in the darkness. Shout out together “Let your light shine” & see who can say it the loudest! Read Matthew 5:16.
- Find 4 different Spring Flowers around your neighbourhood today. Are they all the same colour?

Week 5



- Make some handprints or footprints. Take a look at the patterns. There isn't another fingerprint like yours in the world. You are unique! How AWESOME is that?!
- Give someone you love the BIGGEST HUG. Stretch your arms out as wide as you can & wrap that special person in a hug. God's love is like a special hug, always there, never ending, big enough for all.
- Hold a Zoom virtual Bake Off with family or friends. Who will be Star Baker?
- Create a mini veggie patch in your garden. As you dig the earth think about any rough times you've had when things have felt turned upside down. Ask God to help you remember that from rough ground new shoots grow.
- Collect any old bedding, blankets or towels & donate them to a local animal rescue shelter. Read Job 12:10.
- Go on a bug hunt. How many minibeasts can you find?

Week 6



- Draw a rainbow using different colours. Maya Angelou once said "Be a rainbow in someone else's cloud". How could you be a hope-filled rainbow to someone today? What could you do to make someone smile?
- Design some salt dough decorations to add to an Easter Tree next week. Remember that you are the salt of the earth. Read Matthew 5:13-16.
- Make some homemade chocolates & pop them in the post to share with family & friends on Easter Day.
- Build a mini Easter Garden at the end of the week & read the story of Holy Week together.
- Explore the Easter Story by making an [Easter Egg Planter](#) from a plastic egg.
- Decorate your front door for Palm Sunday using leaves or palms. Read Matthew 21:1-11 together. What does Hosanna mean?

Week 7



- Make some Hot Cross Buns for family & friends, or make some play dough ones to play with.
- Bake some bread together on Maundy Thursday to remember the last meal Jesus had with his friends. As you eat it thank God for the food you have & who you share it with. Read Mark 14:12-26.
- Clean each others shoes on Maundy Thursday, a reminder that Jesus washed his disciples feet at the Last Supper.
- Take a sunrise walk together or share a breakfast picnic.
- Go on a Good Friday walk & make a cross from twigs. Find a beautiful spot on your walk & place your cross there. Thank God for the space you are in & all that you have.
- Decorate an Easter Tree with your salt dough decorations ready to celebrate Easter!
- Celebrate Easter Day! Jesus is alive! ALLELUIA! Go on a family Easter egg hunt, & celebrate the new life Jesus brings.

Family Play Dough Templates for Week 2

