

# Prayers For Children

## At Meals, bedtime and anytime

### Prayers at Meals

#### A Child's Grace

God is great and God is Good,  
And we thank God for our food;  
By God's hand we must be fed,  
Give us Lord, our daily bread. Amen.

*Traditional*

#### A Child's Prayer for Morning

Now, before I run to play,  
Let me not forget to pray  
To God who kept me through the night  
And waked me with the morning light.  
Help me, Lord, to love thee more  
Than I ever loved before,  
In my work and in my play  
Be thou with me through the day.  
Amen.

*Author Unknown*

#### Guardian Angel Prayer

Angel of God, my guardian dear,  
to whom God's love commits me here;  
Watch over me throughout the night,  
keep me safe within your sight.

*Traditional*

### **God Hear My Prayer**

God in heaven hear my prayer,  
keep me in thy loving care.  
Be my guide in all I do,  
Bless all those who love me too.  
Amen.

*Traditional*

### **Prayer for Students**

God of Light and Truth,  
thank you for giving me  
a mind that can know  
and a heart that can love.  
Help me to keep learning every day of my life,  
for all knowledge leads to you.  
Let me be aware of your presence  
in all things and at all times.  
Encourage me when work is difficult  
and when I am tempted to give up;  
encourage me when my brain seems slow  
and the way forward is difficult.  
Grant me the grace to put my mind to use  
exploring the world you have created,  
confident that in you there a wisdom  
that is real.  
Amen.

*Charles Henderson*

### **Angel Blessing at Bedtime**

Angels bless and angels keep  
Angels guard me while I sleep  
Bless my heart and bless my home  
Bless my spirit as I roam  
Guide and guard me through the night  
and wake me with the morning's light.  
Amen

*Traditional*

### **A Child's Evening Hymn**

I hear no voice, I feel no touch,  
I see no glory bright;  
But yet I know that God is near,  
In darkness as in light.  
God watches ever by my side,  
And hears my whispered prayer:  
A God of love for a little child  
Both night and day does care.

*Anonymous*

### **Child's Prayer**

Dear God most high, hear and bless  
Thy beasts and singing birds:  
And guard with tenderness  
Small things that have no words.

*Traditional*

### **Table Blessing**

God is great! God is good!  
Let us thank God for our food.  
Amen.

*Traditional*

### **For Happy Hearts**

We thank Thee Lord, for happy hearts,  
For rain and sunny weather.  
We thank Thee, Lord, for this our food,  
And that we are together.

*Traditional*

## **Children's Bedtime Prayer**

Now I lay me down to sleep,  
I pray the Lord my soul to keep:  
May God guard me through the night  
And wake me with the morning light.  
Amen.

*Traditional*

## **23rd Psalm for Students**

The Lord is my Shepherd, I shall not flunk  
He keepeth me from lying down when I should be studying  
He leadeth me beside the water cooler for a study break  
He restores my faith in study guides  
He leads me to better study habits  
For my grades' sake.  
Yea, though I walk through the valley of borderline grades  
I will not have a nervous breakdown  
For thou art with me  
My prayers and my friends, they comfort me  
Thou givest me the answer in moments of blankness  
Thou anointest my head with understanding  
My test paper runneth over with questions I recognise.  
Surely passing grades and flying colours shall follow me  
All the days of my examinations  
And I shall not have to dwell in this exam hall forever.

*Author Unknown*

## **Child's Prayer for Protection**

Angel of God, my Guardian dear,  
To whom God's love commits me here;  
Ever this day, be at my side  
To light and guard  
To rule and guide. AMEN.